



# STRADBROKE SCHOOL NEWSLETTER

Koonga Avenue, Rostrevor, SA 5073

Excellence and Achievement in a Supportive School Environment



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**Out of School Hours Care:** 8365 5677

**Director:** Rebecca MacQueen

**CRICOS Provider Number:** 00018A

**Student Absence Ph:** 8365 5621



**Government of South Australia**

Department for Education

4 MAY 2023

## DIARY DATES

2023	
<b>MAY</b>	
Monday 1 – Friday 5	Year 5 Swimming at the ARC Campbelltown
Friday 12	Assembly – Hosted by FR7 & K6
Monday 8	Footsteps Reception – Year 2 and Year 5
<b>Monday 15</b>	<b>Pupil Free Day</b>
Wednesday 24	Governing Council 6.30pm – 8.30pm
Friday 26	National Sorry Day Volunteer Training RRHAN-EC + Site Induction 9.00am – 11.00am Assembly – Hosted by FR4 & OU1
Monday 29	Footsteps Reception – Year 5
<b>JUNE</b>	
Monday 5	Footsteps Reception – Year 2 and Year 5
Friday 9	Assembly – Hosted by L7 & OU4
<b>Monday 12</b>	<b>King's Birthday – Public Holiday</b>
Wednesday 14	Principal's Tour 9.30am
Friday 19	Volunteer Morning Tea

*All Diary Dates are subject to change/cancellation based on advice from SA Health and the Department for Education*

### 2023 Pupil Free Days

Monday 15 May

Friday 27 October

### Public Holiday

Term 2 Monday 12 June 2023

### 2023 School Closure Day

Monday 4 September

### MESSAGE FROM THE PRINCIPAL

A warm welcome back to term 2. As we start a new school term, it's timely to remember that education is a journey, not a destination. Our students will continue to consolidate, go deeper with, and apply their learning over the next few months. We want our students to approach each day with curiosity and wonder, and strive to learn something new every day. As well as, continuing to be kind and respectful to one another.

I wanted to thank the school leadership team and School staff for successfully keeping the school running while I was on long service leave. A testament to their skills and commitment to Stradbroke School.

My trip to Vietnam and Cambodia was amazing. It was a great opportunity to learn firsthand about other people's history, culture and way of life. I was very fortunate to meet many wonderful people, both adults and children on my travels.



A 12 year old novice monk whose aspiration is to go to university to learn about electronics and communications.



A 7 year old girl learning English at a Sunday school. She hopes learning English will help her to get a good job when she grows up.

### TERM 3 2023 PROPOSED PRESCHOOL OUTREACH PROGRAM

Stradbroke School and Rostrevor Kindergarten have been informed by the Department of Education Mid-Year Intake Team that based on current mid-year intake enrolment numbers, the outreach preschool program proposed for 2023 will not proceed.

Even though this project is not going ahead, I would like to acknowledge the Staff at the Rostrevor Kindergarten, Stradbroke School and Felixstow LET for their willingness to collaborate together on the project.

## NATIONAL VOLUNTEER WEEK

**National Volunteer Week** is an annual celebration to acknowledge the generous contribution of our nation's volunteers.

The Stradbroke School staff and students would like to take this opportunity to say thank you to our volunteers for the time and talents they share with us. Our volunteers are such a wonderful human resource who have an amazing impact on the people in our school. Their contribution is truly appreciated.

There will be a special Volunteer Morning Tea on Friday 19 May 11.10am – 11.30am, in the Stradbroke School Staff room.



## WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 19 MAY 2023

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. Although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids Are Smarter Kids so get planning your own Walk Safely to School Day journey for Friday 19 May 2023.

For more information, visit [www.walk.com.au](http://www.walk.com.au)



**FRIDAY 19 MAY 2023**

## CASUAL CLOTHES DAY

The Stradbroke School Community raised \$756.00 on the last day of Term 1. Money was raised to support the Little Heros Foundation.

Community fundraising is a wonderful opportunity for our students to join together to help others.



## ABSENCE

Please telephone the school between 8.15am – 9.30am on 8365 5621, email the school on [dl.0923.absences@schools.sa.edu.au](mailto:dl.0923.absences@schools.sa.edu.au) or notify us via the Audiri app if your child is absent. If children are absent and a message has not been received, an email will be sent to Parent 1 requesting that they contact the school via the mentioned methods and explain the absence.

## LATE ARRIVAL

If your child is late (after 8.50am), a caregiver must accompany him/her to sign in at Student Services in the Front Office before going to the classroom.

## EARLY DEPARTURE

If your child needs to be away from school during school hours or collected early, e.g. to keep a dental or doctor's appointment, please send a message to the class teacher in the first instance. A caregiver is required to come to Student Services in the Front Office and sign your child out. Front Office staff will call the classroom and request the child to come to the Front Office for collection as parents are not permitted to go to the classroom. Please note children are not permitted to wait in the pick-up zone as it is unsupervised. On return, an adult must accompany the child back to Student Services and sign them back in. Please note recess is 11.10am-11.30am and lunch is 1.00pm-1.40pm. Please organise to collect your child/ren before/after these times if necessary.

## EXEMPTIONS

If a family holiday/travel is planned during term time of more than 3 days, a student exemption form (ED176) needs to be collected from the Front Office, completed and submitted to the Principal for approval. For absences less than 3 days please notify the class teacher and the Front Office via the absence methods.

## RRHAN-EC TRAINING FOR VOLUNTEERS

Responding to Risks of Harm Abuse and Neglect – Education and Care (RRHAN-EC) training for Volunteers is being held at Stradbroke School on Friday 26 May 9.00am – 11.00am. The session will be held in the Stradbroke School staffroom. Please contact the Front Office/Student Services to register by 4.00pm Wednesday 24 May. This session will also include the Site Induction at the conclusion of the RRHAN-EC training.

Volunteers must update their certificate if:

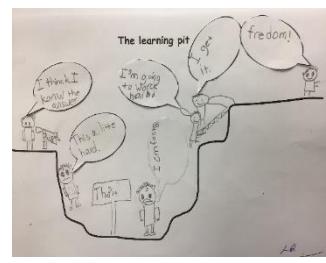
- their current RAN-EC certificate has **no expiry date**, or
- they have **no certificate**.

## MATHEMATICS IN F5

F5 have been using a wide range of manipulatives to help construct our understanding of number and place value.

This has been a fun and engaging way to move our thinking from the concrete to abstract.

We have also been learning what makes a good mathematician. We know that good mathematicians learn from their mistakes, they prove their thinking and they stick at it!



## LIBRARY

Welcome back to term 2 in the library. We appreciated the number of books that were returned this week. All books borrowed for the holidays are now overdue and need to be returned or brought back in to extend if needed a little longer.

### Premier's Reading Challenge 2023 - 20 Years, 20 Books Reading Record

In 2023 students have two different choices for recording their Premier Reading Challenge. One choice is to complete the challenge as they have always done with 12 books recorded. They will receive the next award they are due. The other way is to read and record 20 books to celebrate the Premier's Reading Challenge 20<sup>th</sup> anniversary. If students choose to do this "20 for 20" challenge they will receive a bonus certificate as well as the award they are due. For both recording sheets 8 books must be from the PRC book list. The remaining books can be free choice. Only one form needs to be completed to achieve the challenge.

Some classes complete the challenge as a class, while others complete it individually. If you are unsure, please ask your child, contact your classroom teacher or speak to one of the staff in the library.

Books shared aloud, audio books and books in languages other than English can also be included. There is plenty of time left with the challenge being to read and record 12 OR 20 books by September. Completed forms can be handed to classroom teachers or staff in the Library. More details can be found at [premiersreadingchallenge.sa.edu.au](http://premiersreadingchallenge.sa.edu.au)

In our Library we identify the books from the official list with coloured sticker dots on the spines of books (R- Yr 2: green dots, Yr 3-5: orange dots, Yr 6: yellow dots) and through our online catalogue.

### Library Staff

#### MORIALTA STUDENT LEADERS

Last term, the Senior Student Leaders from Magill School, Vale Park School, Trinity Gardens and Norwood International, came to Stradbroke School.

They were here to participate in a partnership day, which included numerous team building activities. The day involved

working together to achieve a common goal; often stretching people's capacity for strategic and logical thinking. During this incursion, the Senior Leaders played fitness games like capture the flag. They solved puzzles of entangled ropes and jumbled keyboards. Or even constructing billy carts for racing each other in teams. These games developed communication skills, and helped us to understand others points of view. In these exercises, teamwork was the only way to succeed.

It was the perfect method to meet new individuals, while challenging people's minds in the process. We look forward to organizing this again next term. - Jesse.R.C, Stella P, Mimi J.



## CANTEEN

Welcome back to school, I hope everyone enjoyed their break from the normal school routine.

### TERM 2 MENU ITEMS

Please refer to Qkr for all available lunch items.

As we are heading into cooler months Sushi on a **Friday** will be replaced with Pasta. This term we are offering Marisa's Homemade Napolitana sauce with Penne Pasta \$5.00, which does not contain meat and therefore caters for our vegetarian students. We hope you all enjoy it!

Also returning for Term 2 are Wedges. We will only be offering wedges on a **Wednesday**, due to the workload associated with their popularity and current limited stock availability. The wedges only pack will be \$4.50. Fish and wedges \$5.50. Nuggets will not be offered in a pack this term.

Other Lunch Specials coming in Term 2 are: Yiros, Soup, Fried Rice, Pie Days and more.

Qkr will be updated accordingly with any changes.

### PRICE REVIEW

As with many household shopping items, the Canteen has been subjected to numerous price rises from our suppliers, which is beyond our control. We are always hesitant to increase the

cost of our menu items and are very aware of maintaining affordability. After a thorough review and recalculation of the cost of goods, it has been decided to make several increases of between 20 cents and 50 cents. We hope everyone is understanding and continues to support the Canteen. We haven't changed any of our recess or lunch counter sales items, as we always want there to be something available for all the students to buy.

#### Okr

Please always check the following when ordering for your child:

1. The correct day and date.
2. The correct Childs profile selected.
3. The correct class has been entered on their PROFILE.
4. The receipt you receive confirms the above and your order has been processed.

#### TERM 2 AND 3 AFTERSCHOOL SALES

Due to the colder weather in Term 2 and 3 we will not be open for ice block sales afterschool. We will review this again in Term 4.

#### VOLUNTEERS

We are always looking for parents and caregivers to help in the canteen. Without your support, we are unable to provide the quantity and quality of our counter and menu items. If you are available on any day, please pop into the canteen or contact the front office for more details.



Kate Majewski, Canteen Manager

#### TRAFFIC MONITORS

<b>Week 2</b>	am	Isabelle W, Cormac T, Ty S
	pm	Sophia R, Noah S, Clara W
<b>Week 3</b>	am	Tate C, Lily P, Alessio H
	pm	Austin C, Hannah J, Angeline J



#### SPORT

Email [dl.0923.sports@schools.sa.edu.au](mailto:dl.0923.sports@schools.sa.edu.au) if you have any queries regarding Sport at Stradbroke.

#### BASKETBALL

<b>Year 2/3</b>	<b>Coach: Jessica Northcott</b>		
Stradbroke New Light Blue	13	Def by	Sunrise Cyclones 14
<b>Game Played: Tuesday 2 May</b>			

<b>Year 2/3</b>	<b>Coach: Kelly Penn</b>		
	<b>Team Manager: Jess Bui</b>		
Stradbroke New Royal Blue	9	Def by	GM Geckos 35
<b>Game Played: Tuesday 2 May</b>			

<b>Year 2/3</b>	<b>Coach: Adam Power</b>		
Stradbroke Falcons	16	Def by	Stradbroke Blue 17
<b>Game Played: Tuesday 2 May</b>			

<b>Year 2/3</b>	<b>Coach: Mark Gesuato</b>		
	<b>Team Manager: Kate Holland</b>		
Stradbroke Blue	17	Def	Stradbroke Falcons 16
<b>Game Played: Tuesday 2 May</b>			

<b>Year 4/5</b>	<b>Coach: Julien Robert</b>		
	<b>Team Manager: Roy Lee</b>		
Stradbroke Tigers	17	Def	SJP Wildcats 10
<b>Game Played: Wednesday 3 May</b>			

<b>Year 4/5</b>	<b>Coach: Daniel Sage</b>		
Stradbroke Kangaroos	2	Def by	EM Stars 26
<b>Game Played: Wednesday 3 May</b>			

<b>Year 4/5</b>	<b>Coach: Alexandra Pukallus</b>		
Stradbroke Stars	36	Def	EM Mavericks 11
<b>Game Played: Wednesday 3 May</b>			

<b>Year 4/5</b>	<b>Coach: David Potter</b>		
	<b>Team Manager: Laura Potter</b>		
Stradbroke Sharks	18	Def	SFA Thunder 14
<b>Game Played: Wednesday 3 May</b>			

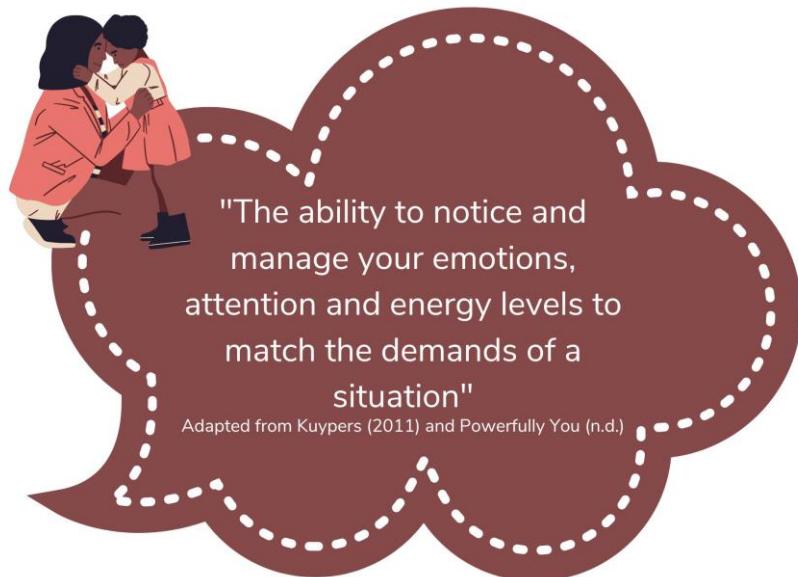
<b>Year 4/5</b>	<b>Coach: Arthur Ang</b>		
	<b>Team Manager: Jess Bui</b>		
Stradbroke New Pale Blue	14	Def by	SPX Sharpshooters 15
<b>Game Played: Wednesday 3 May</b>			

<b>Year 4/5</b>	<b>Coach: Matt Overstreet</b>		
Stradbroke Eagles	39	Def	Trinity Tornadoes 9
<b>Game Played: Wednesday 3 May</b>			

<b>Year 5/6</b>	<b>Coach: Maja Kruger</b>		
	<b>Team Manager: Ruth Hock</b>		
Stradbroke Phoenix	22	Def	Ardtornish Rockets 20
<b>Game Played: Monday 1 May</b>			

# Online Parent Resource – ‘An Introduction to Regulation’

Regulation is:



This online resource:

- will help you to understand regulation
- will give examples of how you can respond to your child’s big feelings
- may take up to 1 hour to complete
- does not need to be done all at once.

Link to parent resource: [https://rise.articulate.com/share/rG\\_zIH9hfq9hGFgQ6ALfq6sfpKbhRtbD](https://rise.articulate.com/share/rG_zIH9hfq9hGFgQ6ALfq6sfpKbhRtbD)

QR code for parent resource:



# THE FACTS ABOUT VAPING

E-cigarettes or ‘vapes’ are electronic devices designed to deliver vapourised liquids into your lungs when you breathe in.

E-cigarettes aren’t water. The main ingredient in e-cigarettes is propylene glycol, vegetable glycerine or glycerol, and they often also contain nicotine, flavours and other chemicals. E-cigarettes may contain harmful chemicals that aren’t listed on the pack.

The biggest misunderstanding about e-cigarettes is that they are harmless compared to cigarettes. This is not true. ***E-cigarettes are not safe.***

## DO YOU KNOW WHAT YOU'RE VAPING?



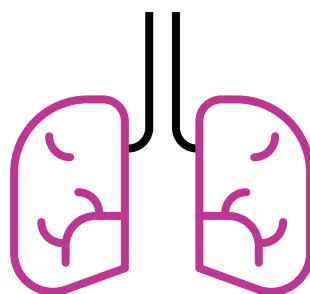
Many e-cigarettes contain nicotine making them ***very addictive***



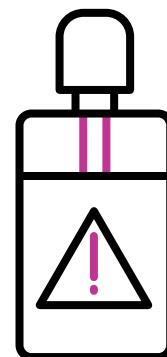
The nicotine in 1 e-cigarette can  
**= 50 cigarettes**



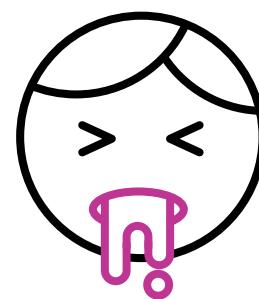
If you vape you are ***3 times*** as likely to take up smoking cigarettes



Vaping has been linked to ***serious lung disease***



E-cigarette aerosol ***is not water vapour***

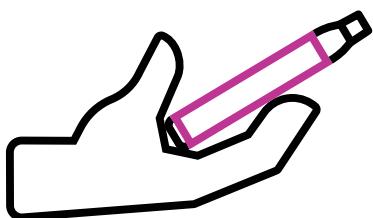


E-cigarettes can contain the same ***harmful chemicals*** found in cleaning products, nail polish remover, weed killer and bug spray.

## E-CIGARETTES ARE DESIGNED TO BE APPEALING TO YOU

The flavours (e.g. watermelon, grape, caramel, bubble-gum, vanilla and mint) and colourful packaging used for e-cigarettes make them appealing. **Many e-cigarettes also contain nicotine, which you can become addicted to very quickly.**

Tobacco companies are continuously looking for new customers. e-cigarettes are a new way to get young people addicted to nicotine, which is often difficult to quit.



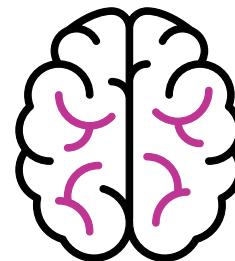
## MOST YOUNG PEOPLE DO NOT VAPE

Vaping may seem popular, but in fact, research shows that the majority of young people do not vape.

You might think vaping is harmless, but it isn't, and **the serious consequences of e-cigarettes are just starting to emerge.**

Any take up of vaping by young people is worrying.

## NICOTINE IS HARMFUL FOR YOUR YOUNG BRAIN



Nicotine is a drug that is in many e-cigarettes and is very addictive for young brains. **It can cause long-lasting negative effects on your brain development.**

Nicotine changes the way brain synapses are formed in young people.

This can harm your ability to pay attention, learn and affect your mood and memory. Often, e-cigarettes have nicotine despite being labelled as not.

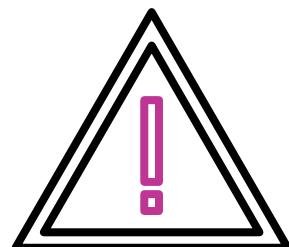
## RISKS TO YOUR PHYSICAL AND MENTAL HEALTH

E-cigarettes may expose you to chemicals at levels that have the potential to cause negative health effects. Vaping can impact your lungs and fitness. It can also leave you at increased risk of depression and anxiety. **E-cigarettes have been linked to serious lung disease.** Importantly, many of the long-term harms of vaping are still unknown.

You're not vaping water. When you inhale from an e-cigarette you can be exposed to:

- the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray.
- toxins such as formaldehyde and heavy metals.
- ultrafine particles that can be inhaled deep into the lungs.
- flavouring chemicals such as diacetyl (a chemical linked to serious lung disease).

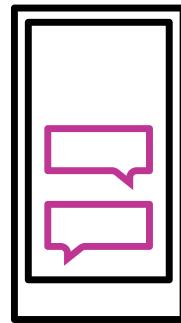
E-cigarettes have even been known to explode causing serious burns.



# **SELLING E-CIGARETTES TO PEOPLE UNDER 18 IS ILLEGAL**

It is illegal for anyone to sell or supply any e-cigarette to people under 18 years of age, including retailers such as tobacconists, convenience stores and service stations. ***It is also illegal to sell e-cigarettes to friends or contacts under 18 on social media.***

There are a number of retailers who might illegally sell you e-cigarettes. This is a crime.



## **THE SIGNS YOU ARE ADDICTED TO VAPING**



How do you know you are getting hooked on vaping?

Nicotine addiction from e-cigarettes is the same as for smokers.

***This can mean feeling irritable or anxious, as well as craving to vape.***

You may also experience a lack of concentration when you can't vape and you can have trouble sleeping.

**NICOTINE FREE**

## **MISLEADING AND DANGEROUS LABELLING**

Vaping products are often not labelled or are incorrectly labelled. Most e-cigarettes contain nicotine – they just don't put it on the pack.

Remember that nicotine is a poison. Given the poor labelling, it is safest to assume that all e-cigarettes contain nicotine and to keep them out of the reach of small children.



## **GOOD REASONS TO NOT VAPE**

Remember most young people don't smoke or vape. You don't want vaping to come between you and your friends.

***Have a reason or two that you can tell your mates why you don't want to vape.***

For example, "Vaping is not for me because I don't know what's in it" or "I care about my health and fitness and don't want vaping to ruin it" or "E-cigarettes may taste or smell good, but I've heard they can contain nicotine and I don't want to get hooked like a cigarette smoker".

## **SPEAK UP IF YOU'RE WORRIED**

When it comes to vaping, if you are worried about yourself or a friend, speak to a trusted adult so they can support you to find professional help should you need it.

## **WHERE TO GO FOR MORE INFORMATION**

To find out more about the health risks of vaping, visit [www.sahealth.sa.gov.au/vaping](http://www.sahealth.sa.gov.au/vaping)



Government  
of South Australia

SA Health



INSIGHTS

happy families 

ISSUE 2 | TERM 2 | 2023

## Five Things Your Tween Wants You to Know

567 tweens participated in my 2020 anonymous survey, and chose to answer the optional question, what is one thing you wished all adults knew about life as a tween?

If your child was asked that question, how do you think they would answer? They might tell you that a 10 year old shouldn't go to bed at the same time as a sibling who is 7, or that kids who don't like broccoli should never be made to eat it. This is the important stuff that characterises much of our tween's headspace!

However, I wonder if we were to probe a little deeper, would there be one thing that your child wishes they could tell you, but can't quite manage to communicate? Do you think there is anything that they find difficult to talk about or perhaps even intentionally hide because of fear or shame?

Below I'll share the five of my top survey response that I hope give you insights into your tween's inner world.

### Message 1: Life is Harder than You Realise

Tweens believed life was harder for them than their parents acknowledged, and they felt their challenges were minimised. Comments like these caught my attention: "It's not how they think it is. Everything is hard" and "I wish they knew how hard it is to get used to changes and that when we don't know what's happening more things are put on our plate". My concern is that if tweens don't feel understood now, where does that position us as they get older?

**Suggested response:** The tween years are a time of rapid developmental which can be overwhelming for our kids. What might seem small in their world, is big in theirs, so bring some patience to the table when talking about social and emotional challenges. Now is the time to validate your tween's feelings so they know you are by their side. I highly recommend regular one on one time as it indicates your willingness to invest into them.

### Message 2: I am No Longer a Kid

Tweens voiced a strong desire to be taken more seriously by the world around them, and not to be overlooked or dismissed because of their age. I noticed that they felt like they had significant ideas to share, while only being recognised as children. That's quite a downgrade! My concern is if tweens don't have a meaningful place to contribute now, how will they build the confidence to make a more significant contribution as they get older?

**Suggested response:** A tween's developing self-esteem is hinged on their sense of competence and ability to handle life more independently. Now is a great time to invest into teaching your child practical skills, and giving them more meaningful responsibility at home. It is also a great time to ask your tween to help make family decisions as a way of validating their growing intelligence. Interestingly, tweens said they turned to people who were accessible, listened to them and were able to help them navigate life's challenges.

## Message 3: You are Missing Stuff

Although it broke my heart, I was not surprised to hear tweens emphasise that their parents were missing stuff. When I walk through a primary school playground, I am often shocked at the ‘teenage-like’ themes I hear. I know that parents have no idea of the real content of these conversations and the pressures kids are under to engage in them. Comments like ‘you think we are okay, but we aren’t’ and ‘there’s a lot more bad things out there than they think’ expressed a real cry for support. My concern is, if we don’t keep our eyes open, we may not see those things that are most important.

**Suggested response:** When your tween comes home with questions that are difficult to answer, be prepared to give them a thoughtful and comprehensive response. You may intentionally delay your response to allow yourself some preparation time, but never sidestep it. Remember, if you are not the source someone else will be; and that your language opens the way for theirs. You can initiate some of these conversations with quality resources that represent your family values.

## Message 4: We Might Always Disagree about Screens

Technology was a central theme of tweens’ frustration. PS: Feelings are often mutual! Emphasis was placed on parents’ alleged lack of understanding of how central technology was to tweens’ social status and life. As adults, we know there are some very real and legitimate reasons why we say no to screen time. For this reason, I’d like to suggest that we might always have different views about technology. My concern is, if we don’t take the lead, tween’s natural desire to charge ahead may lead them into dangerous waters.

**Suggested response:** When it comes to technology crystal clear agreements are absolutely essential. Technology has to be set up in order to last the rockiest of the teenage years. While gaming and group messaging is very common amongst tweens, it is easy to say “yes” to tech without appropriate accountability. Please note that what is easy to say yes to now can quickly become your worst nightmare if you are not in charge. For more specific thoughts on this please see my blog – [How to Set Up Social Media Well](#).

## Message 5: It’s Time to Start Knocking

When tweens begin to need more privacy, most parents respect and welcome it as a sign of growing up. However, when they begin to desire space from adult supervision, it poses a new range of dilemmas. While our tweens are pushing for all the trimmings that come with growing up, such as catching a bus on their own or shopping alone with friends, their limited life experience leaves them vulnerable. My concern is that if we are not willing to enter into age-appropriate negotiations as they grow, they may begin to hide unsafe behaviour.

**Suggested response:** Tweens are usually looking to be given more grown-up privileges and responsibilities as an acknowledgement that they are no longer children. Things like riding their bike to the shop by themselves, staying up later than their younger siblings or walking around a shopping centre without any adult can be relatively safe ways to help them spread their wings. Even small shifts can require a change in mindset from parents, so they can feel like big decisions to parents of tweens.



### AUTHOR

#### Michelle Mitchell



Michelle Mitchell is an award-winning speaker, and bestselling parenting author. She has been termed ‘the teenage expert’ by the media and is sought after for her compassionate and grounded advice for parenting tweens and teens. Michelle uses her experience to write and speak in schools, community events and through media.



# JOIN THE FUN!



## STRADBROKE AUSKICK REGISTRATIONS NOW OPEN!



Tuesdays 3:15-4:30pm starting May 9th - June 27th

FIRST 25 TO REGISTER  
WILL PLAY AT AFL  
HALFTIME @  
ADELAIDE OVAL

Location: Stradbroke Primary

ScanQRcode or head to  
[www.play.afl/auskicktoregister](http://www.play.afl/auskicktoregister)

Contact: [alana.cleary@sanfl.com.au](mailto:alana.cleary@sanfl.com.au)



Enjoy weeks of fun footy + every participant gets a pack filled goodies including : a footy, footy cards, boot bag, backpack, SANFL activity booklet and a medallion presented

**NAB AFL Auskick is FREE with the ORSR Sports Voucher or \$100 without.**

On the final payment screen, select "I have a government voucher" 2) Enter your 11-digit voucher code (medicare number + child's ref number) 3) Select apply & your program cost will reset to \$0!



# AMAZING INFORMATION

MULTI-SPORT  
PROGRAMME

FOR PARENTS

Programmes for R-2 students run weekly on one day a week for one hour.

**This term we will focus on the following sports:**

- ✓ Football
- ✓ Soccer
- ✓ Lacrosse
- ✓ Hockey

# AUTUMN SPORTS!

LEARN NEW SPORTS SKILLS IN TERM 2  
STRADBROKE PRIMARY SCHOOL

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings - giving them confidence to join sports clubs and teams in the future. Children will learn all four sports over an 8 week program.

## 8 WEEK PROGRAM FOR \$120 INCL. GST

OR redeem your \$100 Sports Voucher and pay only \$20!

**WHEN:** Wednesday  
**COMMENCING:** 10/5/2023  
**CONCLUDING:** 28/6/2023  
**TIME:** 3:15pm-4:15pm  
**MEETING PLACE:** School oval

To enrol and/or redeem your sports voucher discount, register online via QR code.

Payments can be made online at [www.kellysports.com.au](http://www.kellysports.com.au) or by EFT to Kelly Sports Adelaide Metro BSB 035 045 A/C No 342581. For further information about your Sports Voucher eligibility please visit [www.sportsvouchers.sa.gov.au](http://www.sportsvouchers.sa.gov.au).

**Website:** [kellysports.com.au/events](http://kellysports.com.au/events)

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